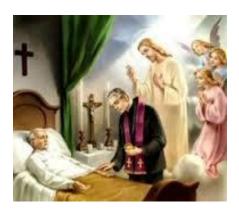
PRAYERS FOR THE SICK AND DYING



Recommended Prayers and Scriptures

May be used over a period of hours or days as you keep vigil at the bedside of a loved one who is preparing to go home to the Lord.

These prayers will console the dying and give comfort to those who attend them.

"The Lord Jesus says,
I go to prepare a place for you,
and I will come again to take you to myself."

CATHOLIC GUIDELINES FOR THE DYING

When someone faces a life-threatening condition, a priest should be called.

- ❖ If they are unbaptized, a priest may baptism them. If a priest is not available, anyone can baptize in danger of death by pouring clean water over the head and saying "I baptize you in the name of the Father, and of the Son, and of the Holy Spirit." This should only be done if it is in accord with the desire of the sick person.
- ❖ If they are a baptized, non-Catholic, who wishes to become Catholic, and are in danger of death, a priest can receive them into the Catholic Church, confirm them and give them Holy Communion and the Anointing of the Sick.
- ❖ For Catholics, a priest can hear their Confession, giving them Absolution, the Anointing of the Sick, and Holy Communion (if they are able to receive). These three sacraments are the "Last Sacraments," or the "Last Rites." For those in immediate danger of death, an Apostolic Pardon may also be given by the priest, which grants a Plenary Indulgence.

The Bible tells us that the sick should call a priest (presbyter) so they can be anointed and confess their sins.

"Is anyone among you sick? He should summon the presbyters of the church, and they should pray over him and anoint [him] with oil in the name of the Lord, and the prayer of faith will save the sick person, and the Lord will raise him up. If he has committed any sins, he will be forgiven. Therefore, confess your sins..." James 5:13-16

The Last Sacraments

The Last Sacraments are Confession, Anointing and Holy Communion.

Confession: All unconfessed mortal sins should be confessed to a priest. You don't want to go to your grave carrying the weight of serious sin. Christ established this sacrament so that we could be assured of his forgiveness, have his peace and be reconciled to his Church.

The Anointing of the Sick continues the healing ministry of Jesus. One does not have to be on the very edge of death to receive this sacrament. Canon law tells us that "the sacrament of the anointing of the sick should be celebrated at the <u>beginning</u> of a serious illness." One can be anointed if they have grown frail with old age, are preparing for surgery, or have a

life threatening illness. The sacrament can be repeated once a month, or if a person's condition takes a turn for the worse.

Viaticum, Food for the Journey: "The Christian faithful who are in danger of death from any cause are to be nourished by Holy Communion in the form of Viaticum." The Latin word "viaticum" means "provisions for a journey." When the Eucharist is given to someone who is in danger of death, it is called, "Viaticum."

"The celebration of the Eucharist as viaticum, food for the passage through death to eternal life, is the sacrament proper to the dying Christian. It is the completion and crown of the Christian life on this earth, signifying that the Christian follows the Lord to eternal glory and the banquet of the heavenly kingdom.

The sacrament of the anointing of the sick should be celebrated at the beginning of a serious illness. Viaticum, celebrated when death is close, will then be better understood as the last sacrament of Christian life."iii

"The elderly, the infirm, and those who care for them can receive the Most Holy Eucharist even if they have eaten something within the preceding hour." iv

CHAPLET OF DIVINE MERCY

Because of the many graces promised by our Lord, this chaplet is highly recommended to be prayed at the side of the sick and dying. It takes 5-6 minutes to pray and can be downloaded as a free app on your phone.

Message of our Lord to Saint Faustina:

"At the hour of their death, I defend as My own glory every soul that will say this chaplet; or when others say it for a dying person, the indulgence is the same." (Diary, 811)

"Encourage souls to say the chaplet which I have given to you. It pleases Me to grant everything they ask of Me by saying the chaplet. ... when they say this chaplet in the presence of the dying, I will stand



between My Father and the dying person, not as the just Judge but as the merciful Savior." (Diary, 1541).

How to say the Chaplet

Using ordinary rosary beads, say the following:

Make the Sign of the Cross

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

Optional Opening Prayers

You expired, Jesus, but the source of life gushed forth for souls, and the ocean of mercy opened up for the whole world. O Fount of Life, unfathomable Divine Mercy, envelop the whole world and empty Yourself out upon us.

O Blood and Water, which gushed forth from the Heart of Jesus as a fountain of Mercy for us, I trust in You! (**Repeat three times**)

One Our Father

Leader: Our Father, who art in heaven, hallowed be Thy name; Thy kingdom come; Thy will be done on earth as it is in heaven.

All: Give us this day our daily bread, and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation but deliver us from evil. Amen.

One Hail Mary

Leader: Hail Mary, full of grace. The Lord is with you. Blessed are you among women, and blessed is the fruit of your womb, Jesus.

All: Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

The Apostle's Creed

Leader: I believe in God, the Father almighty, Creator of heaven and earth and in Jesus Christ, his only Son, Our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried. He descended into hell; on the third day he rose again from the dead. He ascended into heaven, and is seated at the right hand of God the Father almighty; from there he will come to judge the living and the dead.

All: I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

Then on the "Our Father" beads (before each decade):

Leader: Eternal Father, I offer You the Body and Blood, Soul and Divinity of Your dearly beloved Son, Our Lord Jesus Christ,

All: in atonement for our sins and those of the whole world.

On the "Hail Mary" beads (of each decade):

Leader: For the sake of His sorrowful Passion,

All: have mercy on us and on the whole world.

Concluding Doxology (after five decades):

All: Holy God, Holy Mighty One, Holy Immortal One, have mercy on us and on the whole world. (**Three times**).

Optional Conclusion

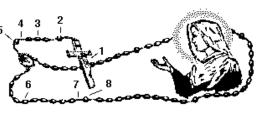
Leader: Eternal God, in whom mercy is endless and the treasury of compassion inexhaustible, look kindly upon us and increase Your mercy in us, that in difficult moments we might not despair nor become despondent, but with great confidence submit ourselves to Your holy will, which is Love and Mercy itself (*Diary*, 950).

THE ROSARY

Praying the rosary softly, or even a decade of the rosary, at the bedside of a dying person can be very consoling for them – especially if they have themselves prayed the rosary throughout their life.

How to Pray the Rosary

- Make the Sign of the Cross and say the "Apostles' Creed." (on p. 3)
- 2. Say the "Our Father." (p. 3)
- 3. Say three "Hail Marys." (p. 3)
- 4. Say the "Glory be to the Father." (p. 5)
- 5. Announce the First Mystery; then say the "Our Father."
- 6. Say ten "Hail Marys," while meditating on the Mystery.
- 7. Say the "Glory be to the Father," followed by optional Fatima prayer.
- 8. Announce Second Mystery; say the "Our Father;" Repeat 6 and 7 and continue with Third, Fourth and Fifth Mysteries in the same manner.
- 9. At the end, pray the Hail Holy Queen.



GLORY BE

Glory be to the Father, and to the son, and to the Holy Spirit. As it was in the beginning, is now, and ever shall be, world without end. Amen.

FATIMA PRAYER

O my Jesus, forgive us our sins. Save us from the fires of Hell. Lead all souls to Heaven, especially those most in need of thy mercy. Amen.

THE FIVE SORROWFUL MYSTERIES

- 1. The Agony in the Garden
- 2. The Crowning with thorns
- 3. The scourging at the pillar
- 4. The carrying of the cross
- 5. The crucifixion and death of Our Lord.

HAIL HOLY QUEEN

Hail, holy Queen, Mother of Mercy!
Our life, our sweetness, and our hope!
To thee do we cry, poor banished children of Eve, to thee do we send up our sighs, mourning and weeping in this valley of tears.
Turn, then, most gracious advocate, thine eyes of mercy toward us; and after this our exile show unto us the blessed fruit of thy womb Jesus; O clement, O loving, O sweet virgin Mary.

PRAYERS FOR THE DYING FROM THE ROMAN RITUAL

"In viaticum (Holy Communion) the dying person is united with Christ in his passage out of this world to the Father. Through the prayers for the commendation of the dying... the Church helps to sustain this union until it is brought to fulfillment after death."

"Christians have the responsibility of expressing their union in Christ by joining the dying person in prayer for God's mercy and for confidence in Christ, In particular, the presence of a priest or deacon shows more clearly that the Christian dies in the communion of the

Church. If the priest or deacon is unable to be present... <u>other</u> members of the community should be prepared to assist with these prayers and should have the texts readily available to them."

"The prayers are best said in a slow, soft voice, alternating with periods of silence.... One of more of the brief prayer formulas... These may be softly repeated two or three times."

"These texts are intended to help the dying person, if still conscious, to face the natural human anxiety about death by imitating Christ in his patient suffering and dying... Even if the dying person is not conscious, those who are present will *draw consolation from these prayers*." \(^v\)

SHORT TEXTS

- "Who can separate us from the love of Christ?" Romans 8:35
- "Whether we live or die, we are the Lord's." Romans 14:8
- "We have an everlasting home in heaven." 2 Corinthians 5:1
- "We shall be with the Lord forever." 1 Thessalonians 4:17
- "We shall see God as he really is." 1 John 3:2
- "We have passed from death to life because we love each other." 1 Jn 3:14
- "To you, Lord, I lift up my soul." Psalm 25:1
- "The Lord is my light and my salvation." Psalm 27:1
- "I believe that I shall see the goodness of the Lord in the land of the living." Psalm 27:13

SCRIPTURE READINGS

Job 19:23-27

Job's act of faith is a model for our own; God is the God of the living.

Job said: Oh, would that my words were written down! Would that they were inscribed in a record: That with an iron chisel and with lead they were cut in the rock forever! But as for me, I know that my Vindicator lives, and that he will at last stand forth upon the dust; Whom I myself shall

see: my own eyes, not another's shall behold him. And from my flesh I shall see God; my inmost being is consumed with longing.

PSALM 23

The Lord is my shepherd; I shall not want.

In verdant pastures he gives me repose;

Beside restful waters he leads me; he refreshes my soul.

He guides me in right paths for his name's sake.

Even though I walk in the dark valley I fear no evil;

For you are at my side with your rod and you staff that give me courage.

You spread the table before me in the sight of my foes;

You anoint my head with oil; my cup overflows.

Only goodness and kindness follow me all the days of my life; and I shall dwell in the house of the Lord for years to come.

Psalm 25

To you I lift up my soul, O Lord, my God. Your ways, O Lord, make known to me; teach me your paths, Guide me in your truth and teach me, for you are God my savior, and for you I wait all the day. Remember that your compassion, O Lord and your kindness are from of old. The sins of my youth and my frailties remember not; in your kindness remember me, because of your goodness, O Lord. good and upright is the Lord; thus he shows sinners the way. He guides the humble to justice, he teaches the humble his way. All the paths of the Lord are kindness and constancy toward those who keep his covenant and his decrees. For your name's sake, O Lord, you will pardon my guilt, great as it is.

Psalm 91

You who dwell in the shelter of the Most High, who abide in the shadow of the Almighty, say to the Lord, "My refuge and my fortress, my God, in whom I trust."

For he rescue you from the snare of the fowler, from the destroying pestilence. With his pinions he will cover you, and under his wings you shall take refuge; his faithfulness is a buckler and a shield.

You shall not fear the terror of the night nor the arrow that flies by day; not the pestilence that roams in darkness nor the devastating plague at noon.

Though a thousand fall at your side, ten thousand at your right side, near you it shall no come. Rather with your eyes shall you behold and see the requital of the wicked, because you have the Lord for your refuge; you have made the Most High your stronghold.

No evil shall befall you, nor shall affliction come near you tent, for to his angels he has given command about you, that they guard you in all your ways. Upon their hands they shall bear you up, lest you dash your foot against a stone. You shall tread upon the asp and the viper; you shall trample down the lion and the dragon.

Because he clings to me, I will deliver him; I will set him on high because he acknowledges my name. He shall call upon me, and I will answer him; I will deliver him and glorify him; with length of days I will gratify him and will show him my salvation.

Psalm 121

I lift up up my eyes toward the mountains; whence shall help come to me? My help is from the Lord, who made heaven and earth. May he not suffer your foot to slip; may he slumber not who guards you: Indeed he neither slumbers nor sleeps, the guardian of Israel.

The Lord is your guardian; the Lord is your shade; he is beside you at your right hand. The Lord will guard you from all evil; he will guard your life. The Lord will guard your coming and your going, both now and forever.

1 John 4:16

We have come to know and to believe in the love God has for us. God is love, and he who abides in love abides in God, and God in him.

Revelation 21:1-5a, 6-7

God our Father is the God of newness and life; it is his desire that we should come to share his life with him.

I, John, saw new heavens and a new earth. The former heavens and the former earth had passed away, and the sea was no longer. I also saw a new Jerusalem, the holy city, coming down out of heaven from God, beautiful as a bride prepared to meet her husband. I heard a loud voice from the throne cry out: 'This is God's dwelling among men. He shall dwell with them and they shall be his people, and he shall be their God who is always with them. He shall wipe every tear from their eyes, and there shall be no more death or mourning, crying out or pain, for the former world has passed away.'

The One who sat on the throne said to me, 'See, I make all things new! I am the Alpha and the Omega, the Beginning and the End. To anyone who thirsts I will give to drink without cost from the spring of life-giving water. He who wins the victory shall inherit these gifts; I will be his God and he shall be my son."

Matthew 25: 1-13

Jesus bids us be prepared for our ultimate destiny, which is eternal life.

(Jesus told his disciples this parable:) "The reign of God can be likened to ten bridesmaids who took their torches and went out to welcome the groom. Five of them were foolish, while the other five were sensible. The foolish ones, in taking their torches, brought no oil along, but the sensible ones took flasks of oil as well as their torches. The groom delayed his coming, so they all began to nod, then, fall asleep. At midnight someone shouted, 'The groom is here! Come out and greet him!'

"At the outcry all the virgins woke up and got their torches ready. The foolish ones said to the sensible, 'Give us some of you oil. Our torches are going out.' But the sensible ones replied 'No, there may not be enough for you and us. You had better go to the dealers and buy yourselves some.' While they went off to buy it the groom arrived, and the ones who were ready went in to the wedding with him. Then the door was barred. Later the other bridesmaids came back. 'Master, master!' they cried. 'Open the door for us.' But he answered, 'I tell you, I do not know you.'

"The moral is: keep your eyes open, for you know not the day or the hour."

Luke 22:39-46

Jesus is alive to our pain and sorrow, because faithfulness to his Father's will cost him his life itself.

Jesus went out and made his way, as was his custom, to the Mount of Olives; his disciples accompanied him. On reaching the place he said to them, "Pray that you may not be put to the test."

He withdrew from them about a stone's throw, then went down on his knees and prayed in these words: "Father, if it is your will, take this cup from me; yet not my will but yours be done." An angel then appeared to him from heaven to strengthen him. In his anguish he prayed with all the greater intensity, and his sweat became like drops of blood falling to the ground.

Then he rose from payer and came to his disciples, only to find them asleep, exhausted with grief. He said to them, "Why are you sleeping? Wake up, and pray that you may not be subjected to the trial."

Luke 23:44-49

Jesus' death is witnessed by his friends.

It was now around midday, and darkness came over the whole land until midafternoon with an eclipse of the sun. The curtain in the sanctuary was torn in two. Jesus uttered a loud cry and said, "Father, into your hands I commend my spirit." After he said this, he expired.

The centurion, upon seeing what had happened, gave glory to God by saying, "Surely this was an innocent man." When the crowd which had assembled for this spectacle saw what had happened, they went home beating their breasts.

All his friends and the women who had accompanied him from Galilee were standing at a distance watching everything.

Luke 24:1-8

Jesus will raise his own from death and give them eternal life.

Jesus says: "All that the Father gives me shall come to me; no one who comes will I ever reject, because it is not to do my own will that I have come down from heaven, but to do the will of him who sent me. It is the will of him who sent me that I should lose nothing of what he has given me; rather, that I should raise it up on the last day.

Indeed, this is the will of my Father, that everyone who looks upon the Son and believes in him shall have eternal life. Him I will raise up on the last day."

John 14:1-6, 23, 27

The love of Jesus can raise us up from the sorrow of death to the joy of eternal life.

Jesus says: "Do not let your hearts be troubled. Have faith in God and faith in me. In my Father's house there are many dwelling places; otherwise, how could I have told you that I was going to prepare a place for you? I am indeed going to prepare a place for you, and then I shall come back to take you with me, that where I am you also may be. You know the way that leads where I go." "Lord," said Thomas, "we do not know where you are going. How can we know the way?" Jesus told him: "I am the

way, and the truth, and the life; no one comes to the Father but through me. Anyone who loves me will be true to my word, and my Father will love him; we will come to him and make our dwelling place with him." 'Peace' is my farewell to you, my peace is my gift to you; I do not give it to you as the world gives peace. Do not be distressed or fearful."



THE ANIMA CHRISTI

Soul of Christ, sanctify me
Body of Christ, save me
Blood of Christ, inebriate me
Water from the side of Christ, wash me
Passion of Christ, strengthen me
O good Jesus, hear me
Within Thy wounds hide me
Suffer me not to be separated from Thee
From the malicious enemy defend me
In the hour of my death call me
And bid me come unto Thee
That I may praise Thee with Thy saints
and with Thy angels
Forever and ever.
R. Amen

LITANY OF THE SAINTS

Short Form

Holy Mary, Mother of God pray for him/her
Holy angels of God pray for him/her
Saint John the Baptist pray for him/her
Saint Joseph pray for him/her
Saint Peter and Saint Paul pray for him/her

Other saints may be included here, including the patron saint(s) of the dying person, the family, the parish, or those to whom the dying person may have a special devotion.

All holy men and women pray for him/her

Long Form

Lord, have mercy Lord have mercy Christ have mercy Christ have mercy Lord have mercy Lord, have mercy Holy Mary, Mother of God pray for him/her Holy Angels of God pray for him/her Abraham, our father in faith pray for him/her David, leader of God's people pray for him/her All holy patriarchs and prophets pray for him/her Saint John the Baptist pray for him/her Saint Joseph pray for him/her Saint Peter and Saint Paul pray for him/her Saint Andrew pray for him/her pray for him/her Saint John Saint Mary Magdalene pray for him/her Saint Stephen pray for him/her Saint Ignatius pray for him/her Saint Lawrence pray for him/her Saint Perpetua and Saint Felicity pray for him/her pray for him/her Saint Agnes Saint Gregory pray for him/her Saint Augustine pray for him/her Saint Athanasius pray for him/her Saint Basil pray for him/her Saint Martin pray for him/her Saint Benedict pray for him/her

Saint Francis and Saint Dominic Saint Francis Xavier Saint John Vianney Saint Catherine Saint Teresa

pray for him/her pray for him/her pray for him/her

Other saints may be included here.

All holy men and women

Lord, be merciful From all evil From every sin From Satan's power At the moment of death From everlasting death On the day of judgement By your coming as man By your suffering and cross By your death and rising to new life By your return in glory to the Father By your gift of the Holy Spirit By your coming again in glory Be merciful to us sinners Bring *N*. to eternal life, first promised to him/her in baptism Raise N. on the last day, for he/she has eaten the bread of life Let N. share in your glory, for he/she has

shared in your suffering and death

Jesus, Son of the living God Christ, hear us Lord Jesus, hear our prayer pray for him/her

pray for him/her pray for him/her

Lord, save your people Lord, hear our prayer

Lord, hear our prayer

Lord, hear our prayer

Lord, hear our prayer
Lord, hear our prayer
Christ, hear us
Lord Jesus, hear our prayer



CONVERSATION OF THE MERCIFUL GOD WITH A DESPAIRING SOUL

[An Excerpt from Saint Faustina's Diary]

Jesus: O soul steeped in darkness, do not despair. All is not yet lost. Come and confide in your God, who is love and mercy.

But the soul, deaf even to this appeal, wraps itself in darkness.

Jesus: My child, listen to the voice of your merciful Father.

In the soul arises this reply: "For me there is no mercy," and it falls into greater darkness, a despair which is a foretaste of hell and makes it unable to draw near to God.

Jesus calls to the soul a third time, but the soul remains deaf and blind, hardened and despairing. Then the mercy of God begins to exert itself, and, without any co-operation from the soul, God grants it final grace. If this too is spurned, God will leave the soul in this self-chosen disposition for eternity. This grace emerges from the merciful Heart of Jesus and gives the soul a special light by means of which the soul begins to understand God's effort; but conversion depends on its own will. The soul knows that this, for her, is final grace and, should it show even a flicker of good will, the mercy of God will accomplish the rest: My omnipotent mercy is active here. Happy the soul that takes advantage of this grace.

Jesus: What joy fills My Heart when you return to me. Because you are weak, I take you in My arms and carry you to the home of My Father.

Soul (as if awaking, asks fearfully): Is it possible that there yet is mercy for me?

Jesus: There is, My child. You have a special claim on My mercy. Let it act in your poor soul; let the rays of grace enter your soul; they bring with them light, warmth, and life.

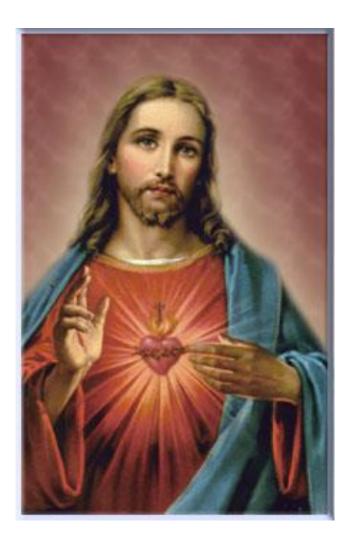
Soul: But fear fills me at the thought of my sins, and this terrible fear moves me to doubt Your goodness.

Jesus: My child, all your *sins* have not wounded My Heart as painfully as your present lack of trust does—that after so many efforts of My love and mercy, you should still doubt My goodness.

Soul: O Lord, save me yourself, for I perish. Be my Savior. O Lord, I am unable to say anything more; my pitiful heart is torn asunder; but You, O Lord...

Jesus does not let the soul finish but, raising it from the ground, from the depths of its misery, he leads it into the recesses of His Heart where all its sins disappear instantly, consumed by the flames of love.

Jesus: Here, soul, are all the treasures of My Heart. Take everything you need from it.



PRAYER OF COMMENDATIONVI

When the moment of death seems near, the following prayers may be said:

We commend you, my dear brother/sister, to Almighty God, and entrust you to your Creator. May you return to him who formed you from the dust of the earth. May holy Mary, the angels, and all the saints come to meet you as you go forth from this life.

May Christ who was crucified for you bring you freedom and peace. May Christ who died for you admit you into his garden of paradise. May Christ, the true Shepherd, acknowledge you as one of his flock. May he forgive all your sins, and set you among those he has chosen. May you see your Redeemer face to face, and enjoy the vision of God for ever. Amen.

PRAYER AFTER DEATH'ii

Saints of God, come to his/her aid! Come to meet him/her, angels of the Lord!

R. Receive his/her soul and present him/her to God the Most High.

May Christ, who called you, take you to himself; May angels lead you to Abraham's side.

R. Receive his/her soul and present him/her to God the Most High.

Give him/her eternal rest, O Lord, And may your light shine on him/her forever.

R. Receive his/her soul and present him/her to God the Most High.

Let us pray.

All-powerful and merciful God, we commend to you _____, your servant. In your mercy and love, blot out the sins he/she has committed through human weakness. In this world he/she has died: let him/her live with you forever. We ask this through Christ our Lord.

R. Amen

The following prayer may also be added

Almighty and eternal God, hear our prayers for your son/daughter N, whom you have called from this life to yourself. Grant him/her light, happiness, and peace. Let him/her pass in safety through the gates of death, and live forever with all your saints in the light you promised to Abraham



and to all his descendants in faith. Guard him/her from all harm and on that great day of resurrection and reward raise him/her up with all your saints. Pardon his/her sins and give him/her eternal life in your kingdom.

We ask this through Christ our Lord.

R. Amen

PRAYER FOR THE FAMILY AND FRIENDSVIII

Let us pray.

God of all consolation, in your unending love and mercy for us you turn the darkness of death into the dawn of new life. Show compassion to your people in their sorrow. (Be our refuge and our strength to lift us from the darkness of this grief to the peace and light of your presence.) Your Son, our Lord Jesus Christ, by dying for us, conquered death and by rising again, restored life. May we then go forward eagerly to meet him, and after our life on earth be reunited with our brothers and sisters where every tear will be wiped away. We ask this through Christ our Lord.

R. Amen



ⁱ The Roman Ritual, Pastoral Care of the Sick, par. 175.

ii Code of Canon Law, 921 §1.

iii The Roman Ritual, Pastoral Care of the Sick, par. 175.

iv Code of Canon Law, 919 §3.

^v The Roman Ritual, Pastoral Care of the Sick, par. 212-215.

vi The Roman Ritual, Pastoral Care of the Sick, par. 220.

 $^{^{\}mbox{\scriptsize vii}}$ The Roman Ritual, Pastoral Care of the Sick, par. 221.

viii The Roman Ritual, Pastoral Care of the Sick, par. 222.