

IS THERE A DRESS CODE FOR MASS?

“Every age has its own outlook... (and is) especially liable to make certain mistakes... We may be sure that the characteristic blindness of... (our) century—the blindness about which posterity will ask, ‘But how could they have thought that?’—lies where we have never suspected it, and concerns something about which there is untroubled agreement between (even people who have opposite viewpoints on everything else).” [C. S. LEWIS, The Value of Old Books](#)

I think the question of modest attire and what we should wear at Mass touches on one of the characteristic blindnesses of our age.

Scripture cautions us to not reject off hand something that does not make sense to us:

“Do not rely on your own insight... Be not wise in your own eyes.” Proverbs 3: 5,7

“Do not be conformed to this world but be transformed by the renewal of your mind.” Rom 12:2

Let us look to the Church, Mary and the saints, previous generations and the words of Jesus in Sacred Scripture to help us form our conscience in this area.

At Fatima, the Blessed Virgin Mary warned that [“Certain fashions will be introduced that will offend Our Lord very much.”](#)

This picture shows what is allowed and not allowed at St. Peter’s Basilica in Rome. This gives us an idea of the minimum expectation for modest attire for Mass. There are articles linked on our website (linked below) that offer some additional worthy points to consider.

Simply put, when we come to worship the living God, shouldn’t we dress better than we do for a picnic or a ball game?

A renewed sense of the sacred will help us to understand why we do not talk, dress and act in church as we would in a social hall, at our own homes or at a ball game.

The Mass is the Wedding Feast of Jesus, the King of the Universe, with us, His bride. It is also the Memorial Celebration of His death. People dress up for weddings and funerals because these are solemn occasions where people wish to show their love, respect and honor in a special way. Dressing up for Sunday Mass shows that we understand the true nature and solemnity of this celebration, which is the foundation, source, and summit of our Christian life. Dressing up for Sunday Mass shows our love, respect and honor for God. If you wouldn’t think of wearing something to a wedding or a funeral, you probably shouldn’t wear it for Sunday Mass.



More information can be found at: <https://dmsbcatholic.com/is-there-a-dress-code-for-mass/>